



Nordre Follo
kommune

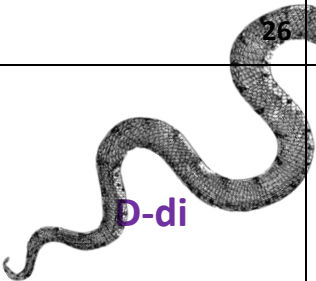
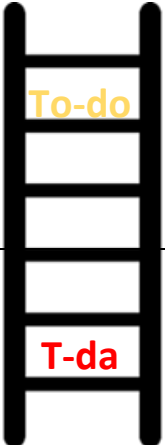
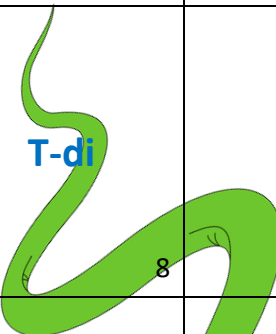
Stigespill til r-lyds øving

Informasjon:

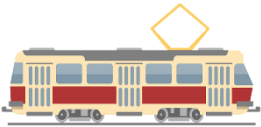
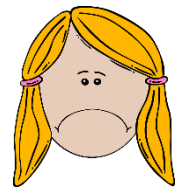
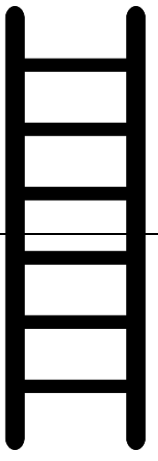
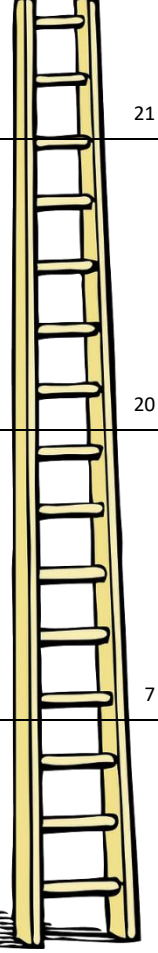
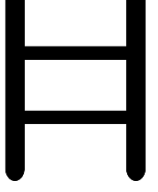
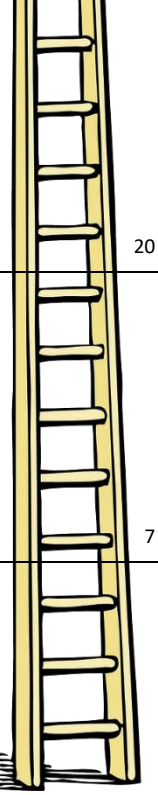
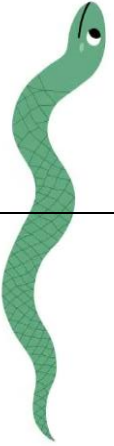
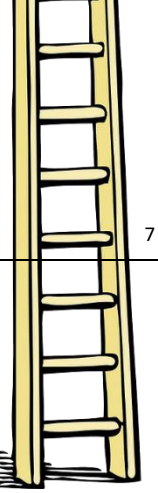
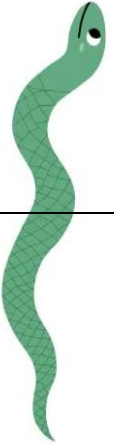
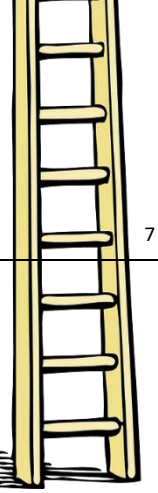
Det anbefales å bruke r-opplæringsvideoene før dere begynner å spille, slik at dere kan td-metoden. Stigespillene er sortert ut ifra vanskelighetsgrad. Dere trenger en terning og brikker til antall spillere.

Regler: Si ordet dere lander på så mange ganger som terningen viser og bruk td-metoden eller r-lyd. Hvis dere lander på hodet/enden av slangen sklir dere ned og hvis dere lander nederst på en stige klatrer dere opp. Førstemann i mål vinner.



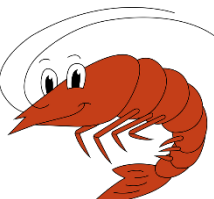
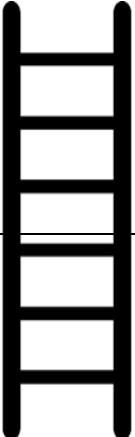
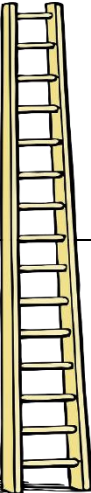
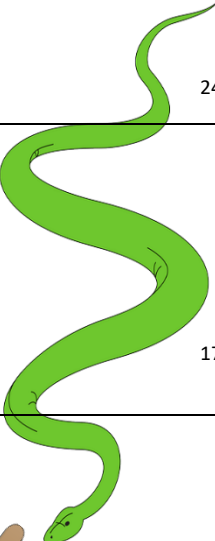
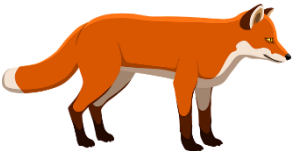
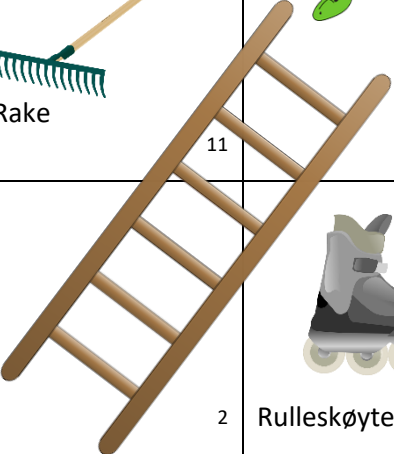
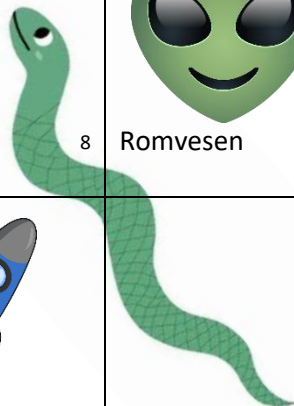
MÅL	T-desko	 T-dapp	T-dipp	 D-do	D-do	D-do
		26	25	24	23	22
						21
D-di	 D-di	D-de	D-de	 D-de	D-da	D-da
14	15	16	17	18	19	20
D-da	T-do	T-do	 To-do	T-di	 T-di	T-di
13	12	11	10	9	8	7
START	T-da	T-da	 T-da	T-de	T-de	 T-de
	1	2	3	4	5	6



MÅL	 Trikk 26	 25	 Trist 24	 23	 Dronning 22	 21
 Trompet 14	 15	 Drops 16	 Trapp 17	 18	 Drikke 19	 20
 Trene 13	 Drone 12	 Troll 11	 10	 Drible 9	 Tromme 8	 7
START	 Tre 1	 Drage 2	 3	 Treg 4	 Dråpe 5	 6



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MÅL	 Ri 26	 Reke 25		 Ratt 23	 22	 Rose 21
 Regn 14	 15	 Rotte 16	 17	 Reinsdyr 18		 Regnbue 20
 Rede 13	 12	 Rake 11		 Ring 9	 Romvesen 7	
START	 Rev 1	 2	 Rulleskøyter 3	 Robot 4	 Rakett 5	 8 6

